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## De-Rotation Straps Instructions

### Donning and Doffing

1. Attach strap "A" (thicker strap) around your child's waist so that it fits snugly but comfortably.
2. Twist the "B" straps (thin straps) around your child's legs starting from the outside and bringing the strap around the front of the leg toward the inner thigh.
3. Continue twisting the "B" straps around the back of the leg and bring the straps back around the front so that it crosses the leg below the knee on the front of the leg.  
(The straps should cross your child's thigh once and lower leg below the knee once before clipping to the shoes.)
4. Attach the clip to the shoestrings on your child's shoes or the Velcro strap, if your child's shoestrings are too elastic to hold the clips.
5. The straps around the legs should be snug but not so tight they prevent him/her from continuing normal activities or cause redness lasting over 30 minutes.
6. If you have any questions or problems donning/doffing the straps, please contact us at 501-368-0868.

### Wear Schedule

Please follow a wear schedule that has been dictated by your child's therapist or orthotist. The more often your child wears his/her straps, the more carry over your child will experience when he/she is not wearing the straps.

Please ensure your child is wearing the straps over clothing (i.e. long pants) to prevent rubbing and discomfort on the legs.

### Care of the Straps

Hand wash in cold water with a mild soap that does not cause skin irritation for your child. Air dry. Do not dry in your dryer as this could cause shrinkage of the straps and could cause the Velcro to no longer stick to the straps.